

# TREATMENT LIST

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gilliansskinclinic



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#### **IMPORTANT**

It is in your best interest to advise your therapist of any medical conditions and/or allergies prior to receiving a *Gillian's* treatment. If you have not filled out a waiver form, please notify the receptionist or your therapist. If any details have changed on the form please let us know.





# HydraBeauty Facial

30 minutes \$185 / 60 minutes \$225 90 minutes \$285

A comprehensive HydraBeauty facial with technology.

The premier of all facial treatments put into one

Vortex vacuum of removing and delivery Plus 02 Oxygen infusion

## Nano Channeling Facial

30 minutes \$185 / 60 minutes \$225 / 90 minutes \$285



The Nano Pen creates microscopic channels into the skin. This creates tiny openings allowing absorption of complex serums, ampoules and boosters to penetrate deeper and faster, while targeting specific problem areas of the skin. Whether for acne, wrinkles or discoloration, there is a serum to tackle even the toughest skin issues. non-invasive All skin types and age

#### **Brow Lamination \$120**



Stunning shapely eyebrows that deserve that stunning look. It involves the "perming" of your eyebrow hairs to provide a fuller, more even shape and keeps your hairs in place. No more sun glasses in the way. Excess unwanted hair will be removed and shaped and tinting of the brow to create the perfect brow lamination

# Professional Skin lines At Sillian's



All our skin lines are Hypoallergenic, Natural, Vegan, Cruelty Free

Control Corrective Skincare Systems Award-winning professional skincare products. Our purpose is about delivery, maintaining the health and beauty of the skin. Offering comprehensive collection- based skincare suited to cystic acne, dark spots, rosacea, sensitive, mature, wrinkled sagging or dull dehydrated skin.

Monu Professional Skincare has spent over 40 years perfecting and enhancing the art of creating a unique very special range of skin care and treatments. Monu skin line is the preferred partner for beauty enhancing formulations among thousands of professional beauty therapists and spas. It enables us at Gillian's to offer the clients a range of products created only from natural resources.

OxygenCeuticals Provides sea salt solutions that incorporate pure Oxygen into the skin following dermatological procedures. The oxygen – based skin care products are translucent and silky to touch. Carrying rich concentrations of minerals and powerful formulations of nature. The light texture and absorption of the skin products, targets maximum deep penetration, allowing the infusion of different creams to be layered on top of each other, giving a whole new feel and experience.

Breathe life into your skin





Choosing the right facial can be confusing.

We have made this stress free for you.

Your therapist will pick the optimum facial treatment to achieve the maximum results.

We offer a 30, 60 or 90 minute facial.

The upper chest and neck are always included in the treatment.

We offer complimentary eyebrow, lip and chin waxing.

All facials have their own unique qualities and are customized purely for you.

Each treatment is very different from each other and all are excellent in results. The 60 or 90 minute facial includes a Mandarin moisturizer applied to the hands

The 60 or 90 minute facial includes a Mandarin moisturizer applied to the hand and feet that are then placed into warm hand mitts and foot booties.

Steaming mist of water vapor and ozone increases the blood circulation and the warmth of steaming allows the products to penetrate into the skin.

Gillian's facials are packed with non-stop care and the use of 3 different skin lines. Our facials are suitable for gentlemen, young adults and teenagers. Your therapist will advise which facial is best suited for you.

Our therapists are highly experienced and knowledgeable with a passion to make the difference.

Gillian's Signature Facial

#### Deluxe Facial

60 Minutes

\$140

All skin types

Our classic signature facial - includes complementary waxing of eyebrows, lip and chin.

Essential oils and warm compresses are used through out. This treatment includes deep cleansing, steaming, extraction, face and shoulder massage, mask, hydrating moisturizer to the hands and feet. Your therapist will customize the Deluxe Facial personally to your skin needs.

#### Deluxe Facial With Back Massage

75 minutes

\$165

All skin types

The Deluxe facial with an extra 15 minute shoulder and back massage.

# 60 Minute Facials All \$150

except Non-Botox Facial - see below



Add-on a 15-minute back massage \$35

# 4-in -1 Collagen Facial We have you covered - Hydrating / Anti-wrinkle / Tightening / Brightening

Intensive facial complete with 98% pure natural collagen. This innovative treatment delivers minerals, purified water, sea algae and many more active ingredients into the skin

#### Soy Milk Hyperpigmentation Facial -All skin types / Pigmentation / Restoration

Soy milk has so many benefits. Including antioxidants blended with Kojic acid from Japan, vitamins A, C, and Citrus. "This has everything you need to fight pigmentation"

#### Watermelon Pore Facial - All skin types/Large Pores/Refreshing/Cooling/Sensitivity

Minimize large pore reduction, cleanse and cooling. Watermelon extract rich in vitamin C and amino acids. Hydrates and tightens.

#### Eucalyptus Collagen Facial - Blackheads/ acne Prone/Oily/Inflammation/Irritated

Fights acne and antibacterial, blackhead build up. Soothing and calming at the same time. Balancing oil production leaving an amazing complexion

## Charcoal Facial - Oily / PH Balancing / large Pores / Combination

There are so many amazing enriched properties with charcoal Bamboo, as it absorbs impurities and excess oils and draws dirt and dead skin out of the skin.

#### Rosacea Facial - Reddening / Sensitive

Reddening skin types, eczema, rosacea formulated to assist in soothing and calming. This facial can be a 60 or 90-minute treatment

#### Wet Jasmine And Collagen Facial - Dry / Very Dry / Fatigue

Dehydrated, fatigued, sensitive, redness. Returns the PH balance and better production of collagen tissue.

#### Enzyme Whitening Collagen Facial

Environmentally stressed, sun spots freckles, dull, dry dead skin, hyperpigmentation, damaged skin

Revitalizes, nourishes, lightens and restores complexion

#### Non-Botox Facial - All skin types / wrinkles / Lifting / Smoothing \$168

Non-invasive resurfacing gentle peel. This includes facial waxing, steaming, cream mask, extraction massage, hand mitts and booties. Retail home kits of the resurface & peel (Non-Botox) are available.

90 Minute Facials All \$175



Add-on a 15-minute back massage \$35

#### Diamond Anti Fatigue Stress Facial - Wrinkles / Anti-Aging / Dull

Platinum powder, B5, Shea butter and sea algae is the perfect facial for that lift and a silky finish

#### Blueberry Supercharged Facial - Thin / Dry / Very Dry / Crepey

Packed with antioxidant, peptides, vitamins, Plumping and strengthening for a visible difference

#### Caviar Collagen Facial - All Skin Types / Mature/ loss Of Moisture

Vitamins from salmon roe extract and marine DND, Q10 address free radical damage. Jojoba oil and vitamin E to leave the face supple and smooth

#### 4-in -1 Collagen Facial

#### We have you covered - Hydrating / Anti-wrinkle / Tightening / Brightening

Intensive facial complete with 98% pure natural collagen. This innovative treatment delivers minerals, purified water, sea algae and many more active ingredients into the skin.

#### Charcoal Collagen Facial (charred Bamboo)

#### $Lifts\ impurities\ / Removes\ Toxins\ /\ Exfoliates\ Dead\ Skin\ Cells\ / Acne\ Prone\ /\ Lightens$

Bamboo charcoal is very active and porous in its ability to absorb excess oil and debris.

#### 24 Carat Gold Collagen Facial - Fights Pigmentation / Aging

Gold compound has been used for thousands of years, but only by the wealthy. A gold compound and silk extract whitens and reduces melanin, while hydrating and increasing firmness. Elements of theses metals boosters and peptides increase absorption of other products. Everyone's skin will look rich after this treatment

## Firm & Lift Dermal Facial - All skin types / Sagging / wrinkle

100% natural formulated ingredients hydrates the dry and mature skin. Activated with essential vitamins and Anti oxidants for a firmer looking complexion

#### Hyaluronic Facial - Plumper

Instantly a great plumper to smooth out fine lines with deep hydrating properties. We all need a little Hyaluronic in our skin's life

#### Aromatherapy Facial - Headaches / Tension / Stress

Time to relax those senses with pure essential blended oils



One of the most powerful, non-invasive resurfacing treatments available today! Exclusive Oxygen Ceutical Skin Products

The number one facial everyone is changing to. A vortex of special solutions and oxygen is power washed from a handheld piece on to the skin. A vacuum suction pulls out all the waste imperfections and the dead skin while simultaneously delivering powerful serums and those famous booster shots. HydraBeauty facial uses a multi-system of 12 different handheld pieces with different amazing effects and results.

#### REFRESH

HydraBeauty Facial 30 min - \$185

Convenient and accessible
We make the minutes count.
Décolleté and chest included
Deep cleanse, peel extraction
Hydra and oxygen technology
Serum infusion
Mask, absorbing LED light

# **ESSENTIAL**

### BOOSTER

HydraBeauty Facial 60 min - \$225

LED light
Hydrate and protect
Deep cleanse, peel,
Facial waxing included
Neck and chest included
Boosts collagen
Detoxification
Superior boosters
Specialty mask
Serums





Derma Rolling Facial All skin Types / Deep Penetration of Products and Regenerating / Plumping / Anti-Wrinkle

60 minute \$185 90 minute \$225

Derma rolling facial is the leading facial recommended by therapists. The derma roller instrument has hundreds of fine titanium probes that roll over the skin, creating controlled, open, micro-pores to allow fast and easy delivery of serums into the deeper layers of the skin.

Iontosonic Facial - All skin

60 minute \$185 90 minute \$225

The lontosonic facial is an extremely versatile, multi-functional skin care system, for the face and upper chest and neck. It is the ultimate skin-resurfacing tool and can be used on all skin types. It is as effective as microdermabrasion with out the associated use of crystals. Additionally it's not abrasive. It infuses vitamin C deep into the skin to give a brighter complexion for any imperfections. It removes waste materials that accumulate on the skin while promoting metabolism by increasing blood circulation. There are 4 amazing steps in this facial that benefit the skin. Deep cleansing, scaling, brightening, tightening.

Cupping Facial - All skin types and concerns

60 minute \$155 90 minute \$ 180

Non-invasive or coloration. Silicon cups gently glide over the face to give a relaxing massage effect to the skin and provide a better absorption of the products. The skin will feel firm with a healthy plump complexion.

Express Facial - Quick In and Out - 45 minute \$105

## Gentleman's Facial

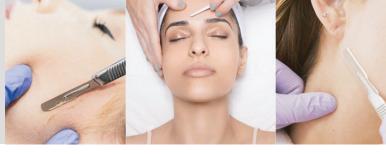
Teenager Facial

60 minute \$140 90 minute \$ 165 45 minute \$105 60 minute \$140

All skin types / Decongestive / Oily / Break outs / Blackheads

Let us introduce Skin Care to you

# An impressive treatment!



#### Dermaplaning

90 minute \$225 60 minute \$185 30 minute \$75

Gentle exfoliation that removes the dead skin cells and peach fuzz.

Skin reveals younger, softer, smoother, healthy glowing skin.

Perfect before a special event.

No downtime afterwards.

This treatment is very popular with the celebrities.

#### Stem Cell And LED light Infusion Facial

60 Minute \$185 90 Minute \$225

Includes deep cleansing, steaming, extractions, non-invasive peel, mask, serums, peptide plant stem cells Fruit and plant stem cells in skin products keep repairing and multiplying and replenishing dying skin cells. Helps our very own stem cells to regenerate and regroup and strengthen. It is like giving the skin a kick-start.

NASA actually discovered LED light therapy. They found LED light delivers optimized wavelengths of light to stimulate change within the skin. The most well known collagen production and blue light for acne.

Both have so many amazing benefits.







## Microdermabrasion Facial

# Small particles removed by abrasion from the skin Non Invasive and for all skin types

60 Minute \$185

90 Minute \$225

#### The benefits

- Reduction of age spots
- Minimizing of fine lines and wrinkles
- Reduction of enlarged pores
- Acne prone skin
- Decreased appearance of scars related to acne, chickenpox or other trauma
- Skin damage caused by long-term exposure to the sun.

#### Under 18-years/ Acne/ blackheads/ Uneven Skin Tone

60 minute \$140

For young acne prone skin, this treatment will be designed exclusively for each young adult. Parental permission is required for persons under the age of 18 years

Crystal microdermabrasion uses gentle spray of fine crystals to exfoliate away outer layers of the skin.

#### Both methods can be in one treatment. No additional cost

Diamond-tip Dermabration is very versatile as it can be used dry over the skin or with an Oxygen Infusion serum. No crystals used, just diamond heads.



# Facial Add-On Need that little extra booster?

## Please enquire at time of booking or consult with your therapist

#### Superior Mask \$35

#### What is a superior mask?

An upgrade to a specialty superior ingredients mask. The following masks are superior- Diamond, 4 in1, 24 carat, Chocolate, Caviar collagen, firm and lift, Q10, Hyaluronic

Eye Collagen Mask \$25

Neck Lift Mask \$30

High Frequency \$25

Oxygenating the skin to improve the texture of the skin and absorption of products, while disinfecting the skin of acne prone lesions leaving a silky smooth finish. Results are amazing.

Eyebrow Tinting \$28

**Eyelash Tinting** \$32

Eyebrow/Lashes \$53

Back Massage 15 minute \$35

LED Light Therapy \$20

Red – Anti –Aging / Green - Pigmentation / Blue Acne / Yellow –Revitalize

# Peels



So Easy No Down-time

#### 33% Glycolic Peel (most popular)

60 minutes \$150

For all skin types

Non-invasive / No down time is needed and you can go about your daily activities. Your skin will feel alive and refreshed

#### Skin Lightening Peel

60 minutes \$150

- Lactic Acid - Pigmentation

This peel is designed to reduce hyper-pigmentation caused by sun damage, hormones or acne.

#### Beta Peel

60 minutes \$150

Pigmentation / Exfoliating / anti-bacteria/ softens blackheads / removes imperfections Peel that penetrates inside your pores assisting exfoliation Results in the reduction of the signs of aging without over-drying the skin.

#### Zyme Peel - Gentle / Exfoli

60 minutes \$150

An excellent treatment for dull and lifeless skin. This peel uses a dynamic Biological enzyme that digests surface debris and prepares the skin for extractions.

TCA
60 minuets \$200
Consultation Required
Visible flaking will occur on
most skins



# Back & Full Body Massages



Duo Room

Available

Please notify the receptionist at time of booking for your preference in pressure of the massage, This way we can match the right therapist to the right client

#### Relaxing / Medium / Strong / Very Strong

#### **Body Massage**

30 minute \$90 60 minute \$145 45 minute \$110 90 minute \$185

# Couples Body Massage Duo Room / Relaxing Medium Deep Tissue

45 minute \$220 for two people 60 minute \$290 for two people 90 minute \$370 for two people

#### Aromatherapy Body Massage

60 minute \$155 90 minute \$195

A special blend of aromatherapy oils are used to detoxify and relax the body and mind while strengthening the immune system.

#### Indian Head Massage

45 minute \$105

A means of de-stressing by using warm oil on the upper shoulders, face and scalp. Gillian's performs this treatment using the relaxing "lay down" method.

#### Hot Stone Body Therapy Massage

60 minute \$155 90 minute \$190

Luxurious massage that combines deep heat therapy using smooth polished lava stones that are heated to your comfort zone to allow an overall wellness of body and mind...just melt away.

#### Hot Poultice Body Therapy Warm Massage

60 minute \$155 90 minute \$190

Hot cotton muslin bags filled with a blend of mixed aromatic herbs are massaged over the body to release and relax sore muscles.



#### **Cupping Therapy**

30 Minute \$90 60 minute \$145 45 Minute \$110 90 Minute \$185

The technique of body cupping massage is designed for how gentle or deep you prefer.

Static cupping is used to target deeper muscles. Your therapist will place silicone cups on the affected areas and leave them in one place from 3 minutes to 10 minutes.

Discoloration marks will last from a couple of hours to a week, or not at all.

This is just blood flow and toxins that have been released to the surface of the skin. This is not bruising but a normal, healthy cupping technique.

- Therapeutic, relaxing
- Sports injuries, tight joints
- Poor circulation or lymphedema
- Sinus and headache relief
- Stress, knots, tight muscles
- Muscle tension and knots
- Swelling of the feet and ankles
- Bloated, stomach cramps, constipation

#### Bamboo Fusion Warm Massage

60 minute \$155

90 minute \$190

Deep tissue, tightness in muscles & tendons

Hand crafted, warmed and oiled bamboo sticks

This treatment involves long, soothing rhythmic movement on your body

# Mother to be (Prenatal Massage)

30 minute \$90

60 minute \$150

The first trimester of pregnancy must be completed

The stomach does not need to be massaged or touched, this is up to you.

This massage makes the mother to be comfortable, with the use of the cozy pregnancy cradle.

As week – to week as your body changes we adapt the massage cradle to the contour of your body, to make you still feel comfy





#### Body Exfoliation and Hydration

60 minutes \$120.00

A salt lavender scrub is applied all over the body to exfoliate dead skin cells and then removed with warm French mitts. Warm hydrating oil is massaged to nourish and hydrate the skin. Facial hydration and exfoliation is included

Disposable undergarments will be supplied.

#### **Body Detoxifying Mud Treatment**

90 minutes \$190

#### Insulated wrap will be used

Exfoliating loofah to the face and body. Then a warm rich detox mud is massaged on to your body, which is cocooned in an insulating wrap, while your hands and feet are massaged. The excess mud is removed again by warm compresses and any remaining is massaged into the body with a special blend of detox oil.

"Let the mud keep on working"

Disposable under garments will be supplied. No shower required.

#### Decongestive Back Treatment / for those hard to reach areas

60 minutes \$145.00

Adapted to back concerns such as, acne, dead skin build up, blackheads, excess oiliness or dryness.

#### Cellulite Success Treatment

60 minutes \$150

This treatment enhances the skin tone and treats cellulite at the source, smoothing out the spongy orange peel look and offering maximum results with continued use. The treatment improves the appearance of stretch marks and normalizes and balances the skin's conditions. It is immediately hydrating and promotes youthful looking body beauty.



## **Essential Oils**

We use essential oils in some of our treatments. They are also available for purchase.





# Hair Removal

Eyebrows	\$28
Lip	\$25
Cheeks	\$28
Chin	\$25
Lip and Chin	\$38
Chin, Neck, Cheeks \$50	
Chin, Neck, Cheeks, Lip	\$60
Neck Threading priced as above	\$25
Brazilian Bikini	\$80
Bottom Cheeks	\$30
Basic Bikini	\$45
French Bikini	\$70
Full Leg	\$80
Three Quarter Leg	\$70
Half Leg	\$55
Full Leg and Basic Bikini	\$100
Upper leg only	\$60
Upper Leg and Basic Bikini	\$95
Upper Leg and French Bikini	\$120
Upper Leg and Brazilian Bikini	\$140
Back	\$68
Under Arm	\$38
Full Arm	\$55
11.16.4	A

Half Arm



# Definitions of intimate Waxing

#### Basic Bikini:

Removal of hair only from around the sides of the underwear line or tan line

#### French:

A narrow strip of hair left down the Centre - does not include behind

#### Brazilian:

Take it all off, inner, out and around the behind

#### **Bottom Cheeks:**

Hair removed from the cheeks that extend beyond the central behind area.

\$45



# Therapeutic Healing

#### Ear Candling \$115

"A Home Remedy Worth Hearing About"

It dates as far back as biblical times.

An alternative aide for Ear Health.

A hollow candle resembles a straw, one end of the candle is rested on the outer side of the ear opening. The other end of the candle is lit with a match causing a drawing of the wax and the balancing of pressure in the ear.

#### Reflexology

45 minutes \$110

Reflexology is a safe and effective therapy, which uses pressure points to specific areas of the feet.

Reflexology improves circulation and cleanses the body of toxins.

Total relaxation and even sleep is quite normal! You will feel as though you are floating on air and every client will experience different unique effects, mentally and physically!

#### **Deluxe Reflexology**

75 minutes \$140

Soak away your troubles in a copper Moroccan foot bath infused with your choice of aromatic herbs.

The Feet are exfoliated to prepare you for the reflexology.

Let your thoughts go while a hand, neck and shoulder massage ritual is performed.

#### Ion Foot Cleansing Treatment

30 minutes \$50

This treatment emits ions through electrolysis, drawing toxins, heavy metals, inflammation, and gout.

A copper array submerged in water with your feet will draw from different areas of the body. The array will have different effects on different clients

## Manicures & Nail Care

Manicure	\$68.00
Manicure with no polish	\$65.00
French Manicure	\$75.00
Paraffin Thermal Wax Manicure - with French Polish - No Polish	\$85.00 \$90.00 \$80.00
Polish Change	\$35.00
Manicure with Gel	\$75.00
Manicure with French Gel	\$80.00
Gel Removal	\$25.00
Gel - polish only	\$45.00
French Gel - polish only	\$50.00



#### Add-Ons

#### Paraffin Wax add \$17

Dry cracked, rough heels, ridges in nails and cuticles. Hands or feet are placed in warm booties or mitts for deeper penetrating and hydrating benefits.

**Reflexology** 30 minute add \$57 Ease that stress with pressure points.

## **Pedicures**

# Gillian's Signature Pedicure

#### Pedicure Supreme

The ultimate of Pedicures is our Pedicure Supreme, using green tea mint products for foot exfoliation and removal of dead skin, dry cuticles, softening of cracked heals and dead skin on the soles of the feet. A foot mask and heel recovery cream is applied. The treatment includes a hydrating foot and lower leg massage, mini hand, shoulder and scalp massage and polish.

#### \$125.00



Pedicure	\$88.00
Pedicure with no polish	\$85.00
French Pedicure	\$90.00
Paraffin Wax Pedicure - with French polish	\$100.00 \$110.00
Polish Change	\$40.00
Pedicure with 90 minute Reflexology - with French polish	\$145.00 \$152.00
Pedicure with Gel	\$103.00
Pedicure with French Gel	\$108.00
Gel - polish only	\$45.00
French Gel - polish only	\$50.00
Shellac Removal	\$25.00



In a rush not enough time?

#### **Express Pedicure \$68**

Includes:

Shaping + cuticle tidying + polish Rough skin + calluses smoothed on feet

# Ear Piercing



Both Ears \$75 Single Ear \$50

We offer piercing to the lower drum and the upper cartilage and around the outer rim of the cartilage. The gold studs and diamond studs are of the highest quality and hypoallergenic, all sterilized and individually packaged.

# Electrolysis Permanent Hair removal

A consultation is required - From \$40 to \$100

## Skin Imperfection Permanent Removal

By Electrolysis. A consultation is required - \$100 to \$150

We can treat the following:

Skin tags

Spider veins / Broken capillaries

Warts

Age spots / Brown spots

Freckles

Liver spots

Moles (only after a letter from your doctor)



Skin tags



# Lash Lift From Italy \$110

Your own lashes finally with length, lift, thickness plus a color tint and a healthy glow.

Great for all occasions. Lash lift application can last up to 6 to 8 weeks. You will love them!

Gillian's has one of the largest selections of lash extensions on the island

#### Full Set Eyelashes \$200

2 weeks touch up \$80 / 3 week touch up \$95 4 weeks will require a new set \$200 Removal of lashes \$45

#### Selection:

Black or Brown. Different length and thickness options available.

\*No additional cost





Temporary Eyelashes - "Clusters" Will last about a week

Express \$85

### NEW Brow Lamination



Eyelash Tinting \$32

\$120

Stunning shapely eyebrows that deserve that stunning look. It involves the "perming" of your eyebrow hairs to provide a fuller, more even shape and keeps your hairs in place. No more sun glasses in the way. Excess unwanted hair will be removed and shaped and tinting of the brow to create the perfect brow lamination

Eyebrow Tinting \$28





# Eyebrows / Eyeliners

Permanent make up is the most natural way to look your best 24/7.

Professionals specializing in the SofTap® hand method use 100% disposable hand tools to gently and delicately implant hypoallergenic permanent pigment into the skin. This method is non-invasive, highly controlled, and produces the most natural looks you will ever see in permanent makeup.

A soft shape and look or design, virtually undetectable enhancement, to a complete reconstruction of missing eyebrows, to a totally new fabulous look.

Soften upper and lower eyeliner is a classic way to make your eyes stand out. It can also be a great way to add definition and create an illusion of length and thickness.

Please enquire at the desk about a complimentary consultation

#### Eyebrows \$475.00

Includes consultation, home care product, brow touch up between 21 days to 6 weeks. \*All touch ups take about 1hour

#### Maintenance of the eyebrows

Touch up after 6 weeks and before 6 months \$125

Touch up after 6 months \$150 Touch up after 2 years \$200

Touch up after 3 years \$300

#### Eyeliner Top \$350

Includes consultation Home care product Touch up between 21 days to 6 weeks

#### Bottom Eyeliner \$250

Includes consultation Home care product Touch up between 21 days to 6 weeks

#### Eyeliner touch ups \$150



Gift Vouchers Available

# Teeth Whitening

15 minute \$125

30 minute \$200

45 minute \$295

60 minute \$350

The Whiter Image Gel is an advanced 8% stabilized Hydrogen Peroxide paste that stays on the teeth evenly and starts working immediately. It also contains an accelerating agent to speed up the whitening process and essentially eliminates teeth sensitivity. When you combine the advanced whitening paste with L.E.D whitening blue light, you will soon experience whiter teeth in as little as 15 minutes. There have been numerous studies over the years showing that Hydrogen Peroxide teeth whitening systems are safe and effective. Each session is 15 minuets with new whitening trays.

More trays the whiter the teeth. Maximum 4



Great for all colors, shapes, sizes
We all have flaws, skin imperfections, uneven skin tone,
stretch marks and scar tissue.
Spray Tan will act as a body camouflage to give you that runway look.
Perfect for that wedding day, special party or occasion.

Full Face and Body \$110

Face and Neck \$60

Legs \$65

We Recommend retail prep tanning exfoliating mitt for removal of dead skin, neutralize your PH balance, smoother looking tan

#### Enquire at the front desk.

Other retail is available for tanning. Get a better longer lasting tan

# Pamper Packages



#### Luxury Top to Toe

120 minutes \$285

"Can't decide what to have?"

Have the best of both Face and Body together. A total Face and Body circuit catered to just what you need - all in one session! Let your therapist take control! A luxury treatment for stress induced conditions. A facial will be designed for your skin type and a body massage either therapeutic or deep tissue.

#### Day of Beauty

41/2 hours \$441

A complimentary lunch served in a Bento box. Beverages served during the course of your visit. Heated neck wraps

Created to pamper the face and body - Classic massage relaxing or deep tissue, the deluxe facial including facial waxing. Manicure and Pedicure.

Your own private room

Please ask our receptionist for our lunch menu and any requests that you may have.

#### Pure Heaven Day of Beauty

6 hours \$545

A complimentary lunch served in a Bento box. Beverages served during the course of your visit including wine. Heated neck wraps. Your own private room. An entire day of the best of pampering.

90 minute body massage. 90 minute advanced facial including facial wax

Paraffin manicure and Paraffin pedicure.

Please ask our receptionist for our menu and any requests you may have

## \* ADD-ON - Please Enquire At the Front Desk

\*Pamper packages must be used in their entirety. A credit card is required at the time of booking and 72 hours notice must be given should you decide to cancel or 50% will be charged to your card provided











These professional skin lines are available at *Gillian's* - ask your therapist which ones are right for you or what new products we have!







Gift Vouchers Available

## **IMPORTANT**

Gillian's Skin Clinic, and all of its employees, are not liable or responsible for any personal injury, or accidents to any clients that may occur on these premises. This includes any treatments, electrical equipment, product usage or negligence from any party involved while attending these premises.

Gillian sis not liable for injury to persons or belongings of any form, or vehicles in the car park or surrounding area. Please be observant of walking to and from your car. Flat shoes are recommended to bring with you to prevent any injury of falling. If assistance is required for any reason please do not hesitate to ask and we can walk you to and from your car for safety or security, especially at night if you in any way feel a little nervous in the dark.

Ask about our handicapped parking. We are here to make your experience at *Gillian's* the best we can so please inform us of any assistance you may need.

#### ALSO

It is in your best interest to advise your therapist of any medical conditions and/or allergies prior to receiving a *Gillian's* treatment.

Please make sure that you have read and completed our waiver forms

#### **HOURS OF OPERATION**

Monday to Friday 8:45 am to 9:00 pm Saturday and Sunday 8:45 am to 5:00 pm

Please arrive early to fill out any forms and to relax with a complimentary beverage and a heated neck collar, before your treatment.



#### **COMPLIMENTARY BEVERAGES AVAILABLE**



#### **GIFT VOUCHERS AVAILABLE**

Valid for one year from date of purchase



#### **DUO ROOMS AVAILABLE**

For any treatment upon request



#### PARKING AVAILABLE BEHIND THE BUILDING

Handicap parking available right outside.

Ground level treatment rooms for clients with disabilities.

Advance notice must be given for these treatment rooms.



### **CANCELLATION POLICY**

24 hours cancellation is required for all appointments made. 50% of the service will be charged if appropriate notice is not given.

We trust that your experience has been enjoyable and invite your comments.